

## **Practitioner Diversion Awareness Conference**

Disposal and Returns of Patient Controlled Substance Medications Marsha L.D. Ikner, Staff Coordinator Liaison Section







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### **Course Objectives**

- Discuss the Secure and Responsible Drug Disposal Act of 2010, and the implementing regulations of 2014.
- Discuss how to properly dispose of practitioner inventory.
- Discuss how to properly dispose of controlled substance waste.





### **Course Objectives**

- Discuss the disposal of controlled substances by the patient "ultimate user."

- Discuss the disposal of patients' controlled substances at long term care facilities.





### **Questions To Discuss**

At the completion of this block of instruction you will be able to answer the following questions:

1. Which method of destruction for controlled substance practitioner inventory is not allowed?

2. Can a practitioner take back a controlled substance that was already prescribed or dispensed to a patient?



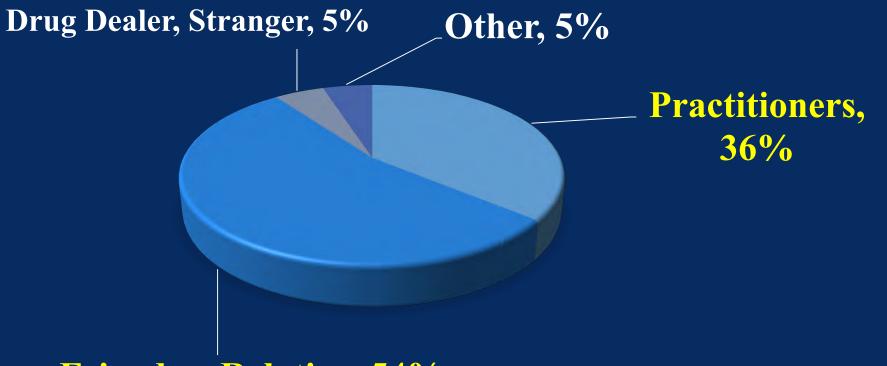
### **Questions To Discuss**

- 3. What is DEA's current recommended method of disposal for practitioner inventory?
- 4. When is a DEA Form 41 required for the disposal of controlled substances.
- 5. What disposal methods are available for ultimate user's ?





### Where Do They Come From?



Friend or Relative, 54%

Source: Department of Health and Human Services



- Authorized the DEA to promulgate regulations that allow ultimate users to transfer pharmaceutical controlled substances to authorized entities for disposal.





### **Ultimate User**

• A person who has lawfully obtained, and who possesses, a controlled substance for their own use, or for the use of a member of their household, or for an animal owned by them or a member of their household.







### What is a "Collector"

- A registered manufacturer, distributor, reverse distributor, narcotic treatment program, hospital/clinic with an on site pharmacy, or retail pharmacy that is authorized to so receive a controlled substance for the purpose of destruction.
- The registrant has a modified registration authorizing the collection of controlled substances from the "ultimate user."







- This did not change existing methods of disposal of controlled substances, for ultimate users but expanded the options.
- Ultimate users now have more locations where they can securely, safely, responsibly, and conveniently dispose of their unwanted pharmaceutical controlled substances.





- The regulations continue to allow Federal, State, tribal, and local law enforcement to maintain collection receptacles at the law enforcement's physical location;
- And either independently or in partnership with private entities or community groups, to voluntarily hold take-back events and administer mail-back programs.





- Created an exception for LTCFs to transfer pharmaceutical controlled substances for disposal on behalf of patients who reside or have resided at that facility.





### **Disposal of Controlled Substances Final Rule of 2014**

**Benefits** to the public are:

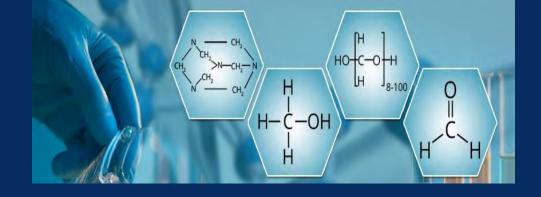
- Decrease the supply of pharmaceutical controlled substances available for misuse, abuse, diversion, and accidental ingestion; and
- **Protect the environment from potentially harmful contaminants** by providing alternate means of disposal for ultimate users.



### Non-Retrievable

- A controlled substance is considered "non-retrievable" when it cannot be transformed to a physical or chemical condition or state as a controlled substance or controlled substance analogue...







### Non-Retrievable

The purpose of this destruction standard is to:

• Permanently render the controlled substance(s) to a nonretrievable state and thus prevent diversion of any such substance to illicit purposes.



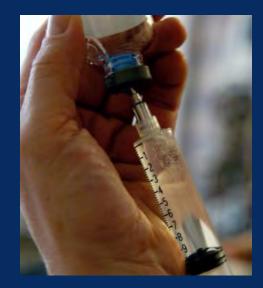
These methods do not meet the standard

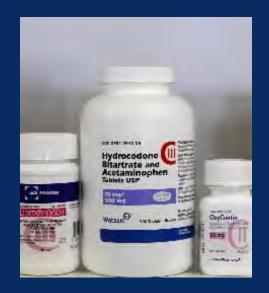
<u>21 CFR § 1300.05</u>





### Disposal of Practitioner Controlled Substance Inventory and Controlled Substance Waste







**Practitioner options to dispose of inventory are:** 

- Prompt on-site destruction if proper method.
- Prompt delivery to a DEA registered reverse distributor by common carrier or reverse distributor pick-up.

21 C.F.R. § 1317.05(a) and (b)





**Returned or Recalled Controlled Substances** 

- Prompt delivery by common or contract carrier or pick-up at the registered location by:
  - Registrant from whom it was *obtained*.
  - Registered <u>manufacturer</u> of the substance.
  - Another registrant authorized by the manufacturer to accept returns or recalls *on the manufacturers behalf*.

21 C.F.R. § 1317.05(a) and (b)



• A practitioner may also request assistance from the Special Agent in Charge.

21 C.F.R. § 1317.05(a) and (b)





### **Products That Advertise They are Non-Retrievable**

- DEA is aware that there are companies that claim that their products can render controlled substance inventories non-retrievable, and have DEA approval.
- **DEA has not approved any such products for the disposal of practitioner inventory.**



#### 21 CFR § 1300.05



- Controlled substance practitioner inventory cannot go to a collector.
- Collectors can only receive controlled substances from the "ultimate users."



**DEA allows disposal of controlled substance waste if:** 

• It is authorized under your states laws... and



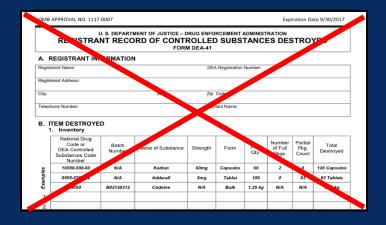
• It is the remaining portion of used needles, syringes, or other injectable products in a practitioner environment (hospital, clinic, physicians office, etc.)



**Recordkeeping for disposal of controlled substance waste:** 

- No DEA Form 41 required.
- Recommended that two employees witness the handling and the destruction of the controlled substance waste.

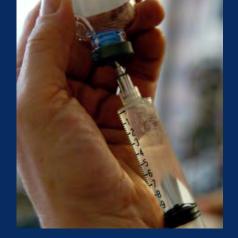
<u>21 C.F.R. § 1317.95(c) and (d)</u> 21 C.F.R. § 1304.21(e)





#### **Record of waste disposal must include:**

- Name of Substance
- Form
- Quantity
- Date of Disposal
- Manner of Disposal



#### 21 CFR § 1304.22(c)



- Records must be maintained at the practitioner's registered location for a minimum of two years.
- Longer if required by state laws or regulations.

21 CFR § 1304.04(a)





### Patient's Controlled Substances

 A physician cannot take back controlled substances that have been administered, prescribed, or dispensed to the "ultimate user.



- It is not authorized by Federal Laws and Regulations.
- Do not put yourself or your practice in harms way by ignoring this.













### Disposal of Ultimate User's Controlled Substances



### "Ultimate User" Destruction

- DEA recommends that "ultimate users" do not flush their expired or unwanted prescriptions and over-the-counter drugs down the toilet or drain unless the label or accompanying patient information specifically instructs you to do so.
- Be aware the FDA posted instructions to flush certain types of controlled substances.





### **"Ultimate User" Destruction**

" Ultimate users" can now return unwanted or expired prescription and over-the counter drugs to:

- Law enforcement supported drug take-back program or collection box.
- DEA registered collector that has an on-site collection receptacle.
- DEA registered mail back program.





### **Collection at LTCFs**

- LTCFs may dispose of a current or former resident's unwanted or unused controlled substances in a collection receptacle located at the LTCF.

#### 21 C.F.R. § 1317.80(a)





### New Disposal Law Passed

- On 10-23-2018 the SUPPORT for Patients and Communities Act was signed into law
- Under certain conditions, an employee of a qualified hospice program may handle and dispose of, without being registered by DEA, a controlled substances lawfully dispensed to the person receiving hospice care, as long as ...





### New Disposal Law Passed

- The controlled substances are destroyed on-site and
- In compliance with all Federal, state, and local laws.





#### Summary of Destruction Standards

Not Required to Comply with Non-Retrievable Standard Practitioner CS Waste Ultimate Users

Non-Retrievable Standard

Practitioner CS Inventory



### Summary of Disposal Options

Ultimate User Collection Box Mail Back Programs Commercial Products Coffee Grounds Kitty Litter Etc. Practitioner Inventory DEA Reverse Distributor

Controlled Substance Waste



### **Preventing Diversion**

- Do not allow patients to bring their previously prescribed or dispensed controlled substances to your facility prevents diversion.
- Timely proper disposal of inventory prevents diversion.
- Timely witnessing and documenting the disposal of controlled substance waste prevents diversion.





### **Post Questions**

1. Which method of destruction of controlled substance practitioner inventory is not allowed?

- a. Return to whomever it was purchased from.
- **b.** Send the controlled substances to a reverse distributor.
- c. Return to a DEA registered "collector" or a take back location.
- d. Destroy the controlled substances on-site.





#### 2. Can a practitioner take back a controlled substance that was already prescribed or dispensed to a patient?

a. Yesb. No









# **3. DEA's recommended way of destruction is by incineration.**

a. Trueb. False





### **Post Questions**

#### 4. Controlled substance waste must always be reported on a DEA Form 41 (Destruction of Controlled Substances).

a. Trueb. False

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	TEM DESTROYE	D								
	Code or DEA Controlled Substances Code Number	Batch Number	Name of Substance	Strength	Form	Pkg. Qty.	Number of Full Pkgs.	Partial Pkg. Count	Total Destroyed	
Examples	16590-598-60	N/A	Kadian	60mg	Capsules	60	2	0	120 Capsules	
	0555-0767-02	N/A	Adderall	5mg	Tablet	100	0	83	83 Tablets	
	9050	B02120312	Codeine	N/A	Bulk	1.25 kg	N/A	N/A	1.25 kg	





#### 5. A Practitioner can destroy controlled substance inventory (expired) by placing them into kitty litter or coffee grinds.

a. Trueb. False





## Thank-you for your time and attention !

