

# New Mexico Board of Pharmacy Prescription Monitoring Program (PMP)

Practitioner Diversion Awareness Conference

January 13-14, 2019

Peter Ryba, PharmD

PMP Director

[peter.ryba@state.nm.us](mailto:peter.ryba@state.nm.us)

## *Disclosures*

---

### Relationships

- Nothing to Disclose

### Financial

- Neither I nor my immediate family have any relevant financial relationship to disclose

### Disclaimer

- Information provided in this presentation is for education purposes only and should not be construed as legal advise.

## *Course Objectives*

---

- Describe controlled substance prescribing trends in New Mexico.
- Understand what the Prescription Monitoring Program (PMP) is and how to query for a patient's PMP report.
- Become familiar with your prescribing healthcare licensing board rules in regards to PMP utilization.
- Understand how to evaluate a patient's PMP effectively.
- Understand how to use MyRx to identify potentially fraudulent prescription.
- Become aware of recent and upcoming state and federal requirements impacting controlled substance prescribing.

## *Prescription Drug Information and Statistics*

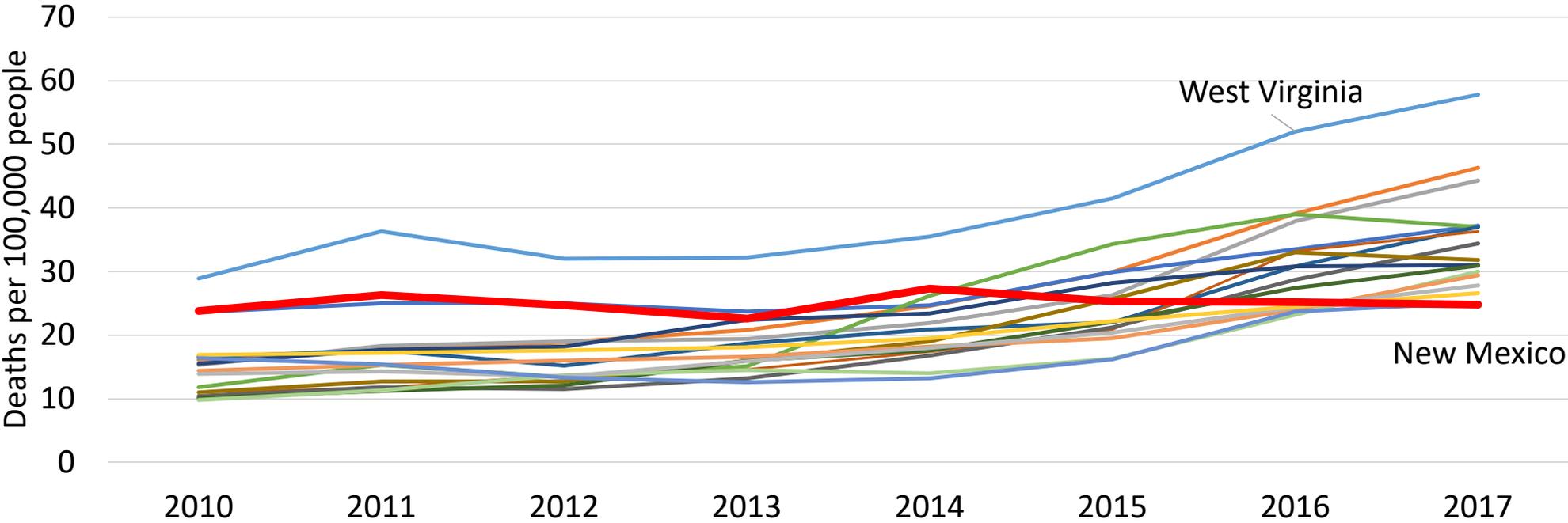
---

The State of New Mexico compared to the United States average

- In 2014, New Mexico had the **second** highest drug overdose death rate (27.3 deaths per 100,000 age-adjusted population).
- In 2015, New Mexico had the **eighth** highest drug overdose death rate (25.3 deaths per 100,000 age-adjusted population).
- In 2016, New Mexico had the **twelfth** highest drug overdose death rate (25.2 deaths per 100,000 age-adjusted population).
- In 2017, New Mexico had the **seventeenth** highest drug overdose death rate (24.8 deaths per 100,000 age-adjusted population).

*Prescription Drug Information and Statistics*

*Drug Overdose Death Rates for the 17 States with the Highest Rates in 2017, 2010-2017*



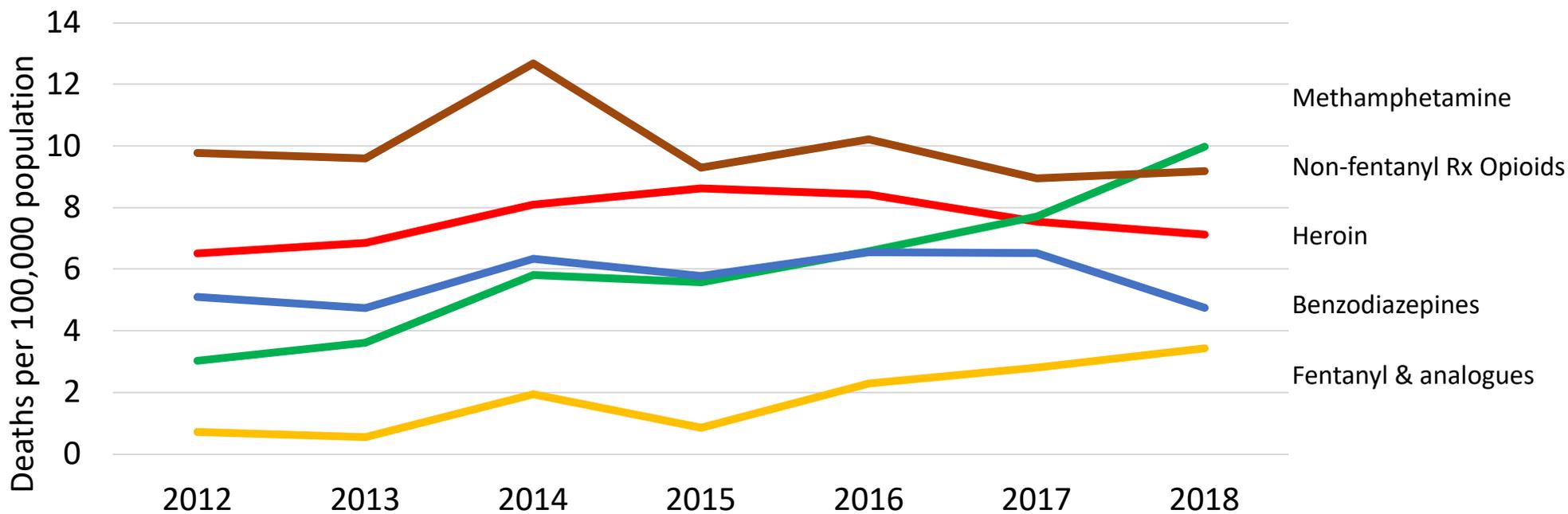
Rates are age adjusted to the US 2000 standard population  
Source: National Center for Health Statistics, CDC via CDC Wonder

PRESCRIPTION MONITORING PROGRAM

NEW MEXICO BOARD OF PHARMACY

*Prescription Drug Information and Statistics*

*Drug Overdose Death Rates for Selected Drugs, NM, 2012-2018*



Drug categories are not mutually exclusive - many deaths involve more than one class

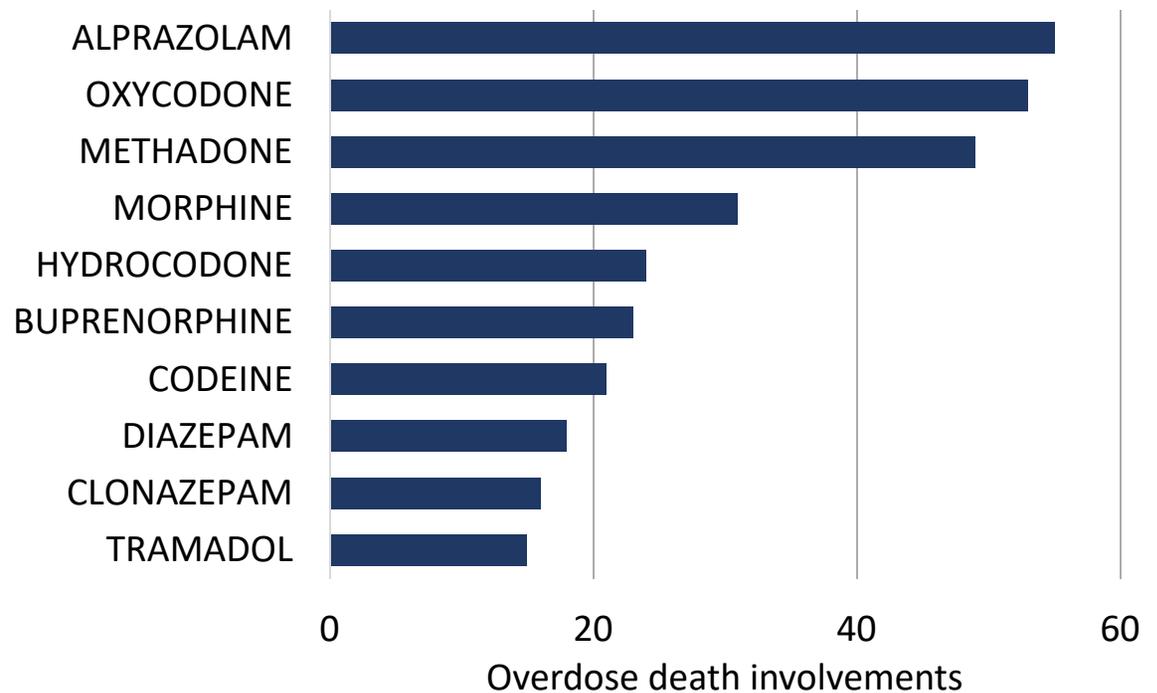
Rates are age adjusted to the US 2000 standard population

Source: NM DOH Bureau of Vital Records and Health Statistics death data

## *Prescription Drug Information and Statistics*

### *Top Prescription Drugs in Overdose Death, NM, 2018*

Roughly half of the drug overdose deaths in NM involve a prescription drug. Some of the medications listed are not opioids.

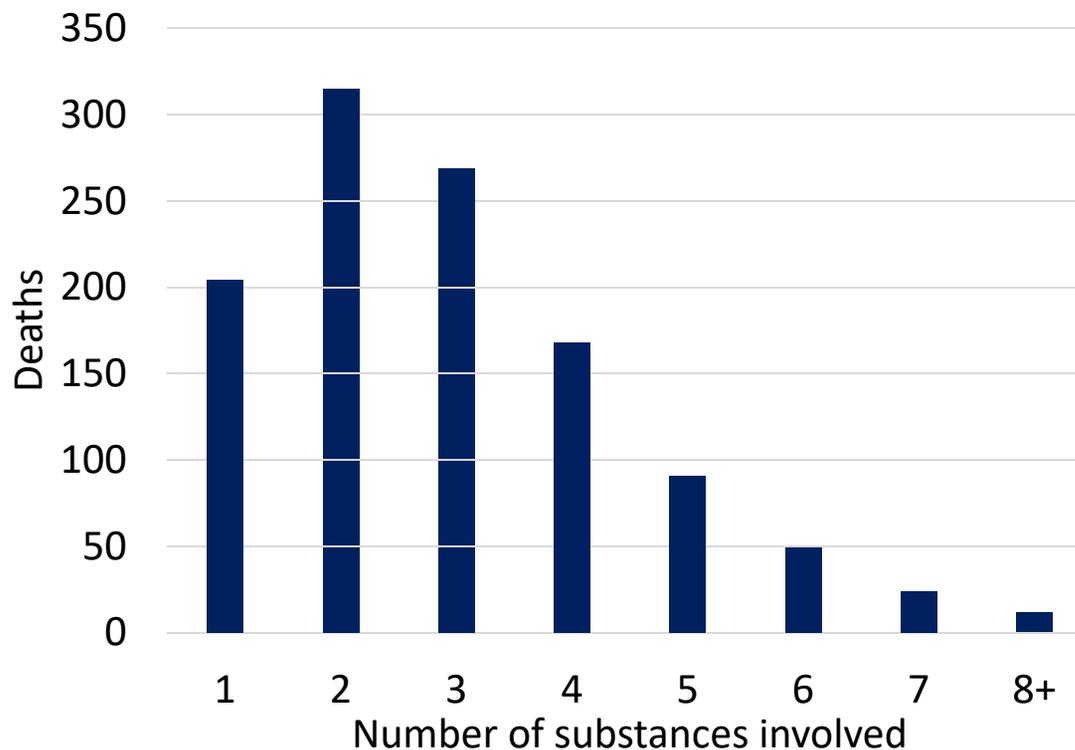


Deaths may involve more than one drug  
Source: NM Office of the Medical Investigator

## *Prescription Drug Information and Statistics*

*Prescription Opioid Overdose Deaths by the Number of Substances Involved, NM, 2014-2018*

Other substances often involved with prescription opioid overdose deaths include benzodiazepines, alcohol, heroin and methamphetamine.

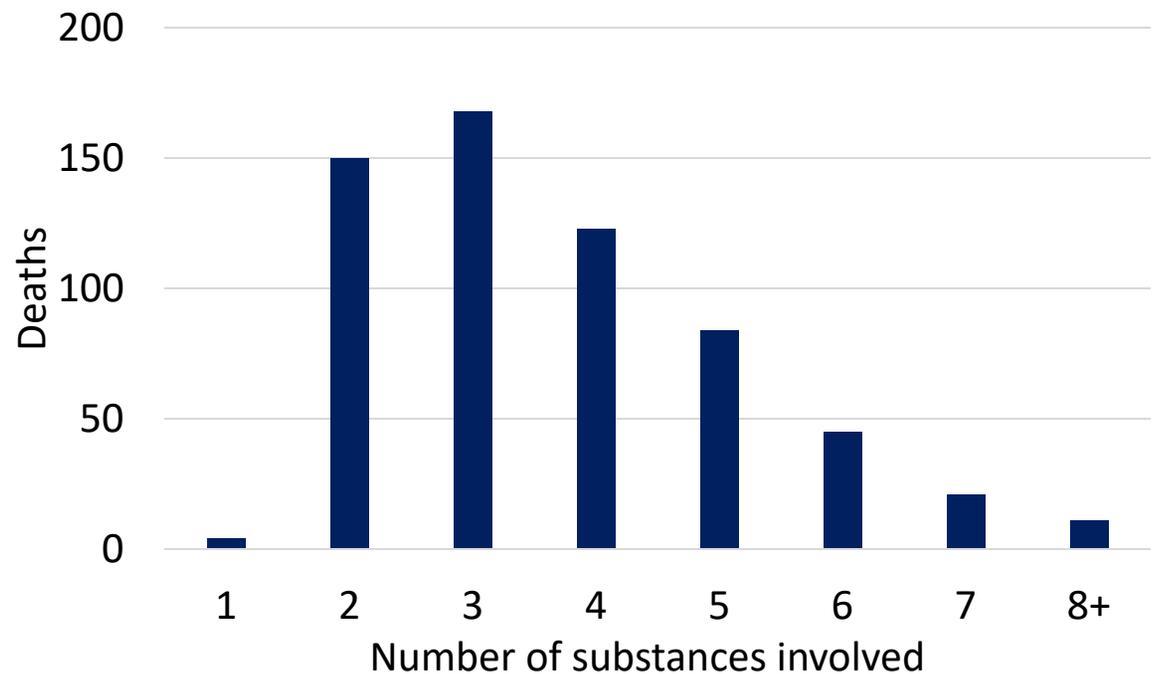


Source: NM DOH Bureau of Vital Records and Health Statistics death data

## *Prescription Drug Information and Statistics*

*Benzodiazepine Overdose Deaths by the Number of Substances Involved, NM, 2014-2018*

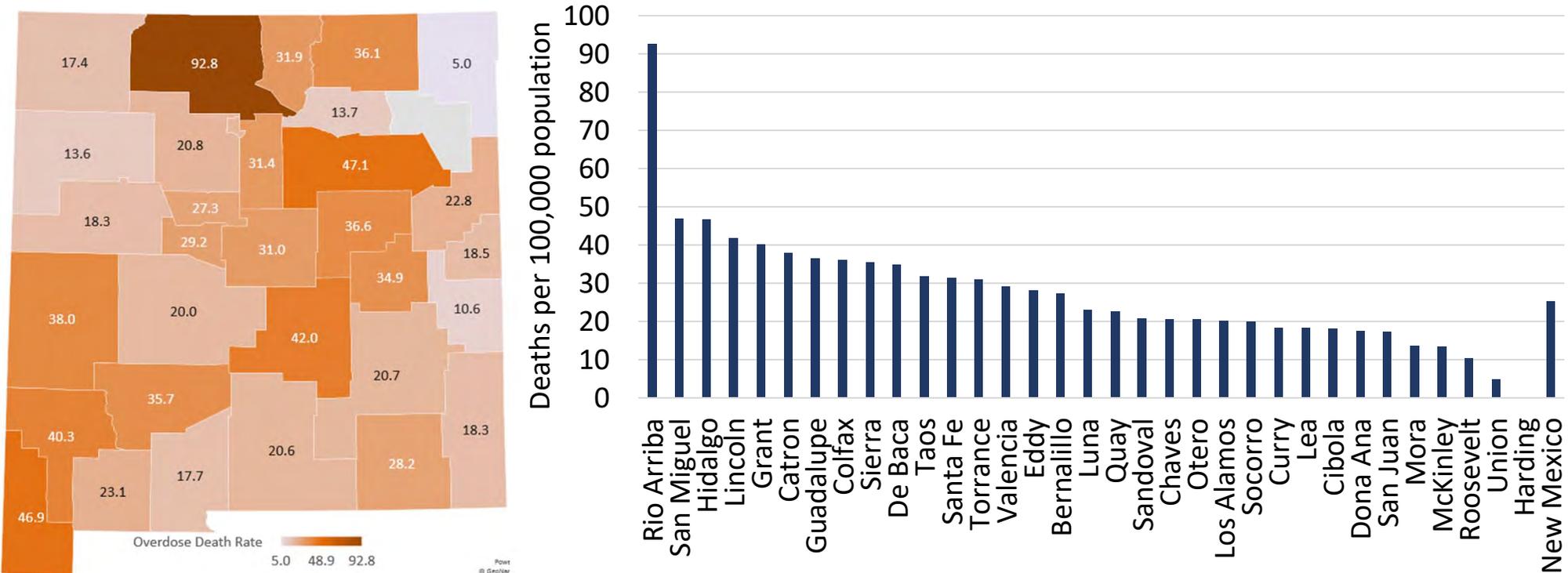
Other substances often involved with benzodiazepine overdose deaths include prescription opioids, alcohol, heroin and methamphetamine.



PRESCRIPTION MONITORING PROGRAM  
 NEW MEXICO BOARD OF PHARMACY

*Prescription Drug Information and Statistics*

*Drug Overdose Death Rate by County, NM, 2014-2018*



Rates are age adjusted to the US 2000 standard population  
 Source: Bureau of Vital Records and Health Statistics, UNM/GPS population estimates

## *What is the PMP?*

---

The New Mexico Prescription Monitoring Program is a web-based electronic database that aids in the reporting of dispensed controlled substance prescription information.

## *What is the PMP?*

---

### Mission

To provide practitioners, pharmacists, and other authorized users the ability to review a patient's controlled substance prescription history and assist in the prevention of diversion, abuse, misuse, and drug overdose deaths associated with controlled substance prescriptions.

## *PMP Registration Process*

---

1. Create an account at <https://newmexico.pmpaware.net/login>.
2. Verify your email by clicking on the link in the auto-generated email you received when you created an account.
3. Upload or email a copy of your driver's license, state issued photo ID, or a passport. No other forms of identification will be accepted (for example work badges, Social Security Cards).
4. Complete the required training at <http://nmpmp.org/Training.aspx>.

# PRESCRIPTION MONITORING PROGRAM

## NEW MEXICO BOARD OF PHARMACY

### *PMP Related Regulatory Citations*

---

DENTISTRY (DENTISTS, DENTAL HYGIENISTS, ETC.)

[16.5.57 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES](#)

MEDICINE AND SURGERY PRACTITIONERS

[16.10.14 - NMAC MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES](#)

MIDWIVES

[16.11.2 NMAC - CERTIFIED NURSE MIDWIVES](#)

NURSING AND HEALTH CARE RELATED PROVIDERS

[16.12.9 NMAC - MANAGEMENT OF CHRONIC PAIN WITH CONTROLLED SUBSTANCES](#)

OPTOMETRIC PRACTITIONERS

[16.16.15 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES](#)

OSTEOPATHIC MEDICINE AND SURGERY PRACTITIONERS

[16.17.4 NMAC - PRESCRIBING AND DISTRIBUTION OF CONTROLLED SUBSTANCES](#)

PHARMACISTS

[16.19.4 NMAC - PHARMACIST](#)

[16.19.20 NMAC - CONTROLLED SUBSTANCES](#)

[16.19.29 NMAC - CONTROLLED SUBSTANCE PRESCRIPTION MONITORING PROGRAM](#)

PODIATRISTS

[16.21.9 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES](#)

PSYCHOLOGISTS

[16.22.30 NMAC - MANAGEMENT OF PAIN WITH CONTROLLED SUBSTANCES](#)

## *PMP Utilization Requirements*

---

### *All Users*

- Only authorized account holder can access the NM PMP.
- Sharing login information is a violation of both federal and state regulations.
- Although delegates can pull PMP patient reports on behalf of a practitioner, the practitioner is ultimately responsible to review the PMP patient report.
- The practitioner shall document the review of the PMP patient report as required per their licensing board regulation.

## *PMP Utilization Requirements*

---

*Medical Board Licensees (e.g. physicians, physician assistants)*

- For the initial controlled substance II-V prescription and if the day supply is greater than four (4) days, or if there is a gap in prescribing any controlled substance for 30 days or more, obtain and review the NM PMP patient report for the previous 12 months and from adjacent states if available.
- For a renewal or continuous use of a controlled substance II-V, obtain and review a NM PMP patient report no less than once every three months.
- Document your review!

## *PMP Utilization Requirements*

---

*Medical Board Licensees (e.g. physicians, physician assistants)*

- Practitioners licensed to practice in an opioid treatment program shall review a PMP patient report upon initial enrollment into the opioid treatment program and every three (3) months thereafter while prescribing, ordering, administering, or dispensing opioid treatment medication in schedules II-V.
- Document your review!

## *PMP Utilization Requirements*

---

*Medical Board Licensees (e.g. physicians, physician assistants)*

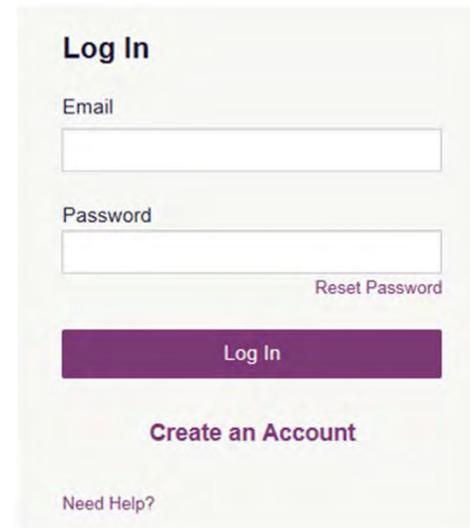
Practitioners do not have to consult the PMP report before prescribing, ordering, or dispensing a controlled substance II-V:

- If the dispensed quantity is for a period of 4 days or less, or
- To a patient in a nursing facility, or
- To a patient in hospice care, or
- When prescribing, dispensing or administering:
  - Testosterone
  - Pregabalin
  - Lacosamide
  - Ezogabine
  - Stimulant therapy for pediatric patients less than age 14

## *How to Request a Patient's PMP Report*

---

Access the PMP website at  
<https://newmexico.pmpaware.net>



The screenshot shows a login form with the following elements:

- Log In** (Section Header)
- Email** (Label) with an input field below it.
- Password** (Label) with an input field below it.
- Reset Password** (Text link) located to the right of the password input field.
- Log In** (Text button) inside a purple rectangular button.
- Create an Account** (Text link) located below the login button.
- Need Help?** (Text link) located at the bottom left of the form.

## *How to Request a Patient's PMP Report*

---

Click *Menu*, then click *Patient Request* to start a PMP patient request.

The screenshot shows a dark-themed application menu. At the top left, there is a 'Menu' button with a hamburger icon. Below it, the menu is organized into five columns: Home, Data, RxSearch, User Profile, and Training. The 'RxSearch' column has a red box around the 'Patient Request' option. Below the main menu items, there is a 'PDMP Links' section with several links.

Home	Data	RxSearch	User Profile	Training
Dashboard PMP Announcements	Rx Management	<b>Patient Request</b> Bulk Patient Search Requests History Requests Processing MyRx Patient Alerts	My Profile Default PMPi States Delegate Management Password Reset Log Out	Aware User Guide Help

**PDMP Links**

- NM Board of Psych...
- NM Board of Denta...
- New Mexico Board ...
- Making a Request ...
- More Links...

## *How to Request a Patient's PMP Report*

Enter the patient's:

- First name
- Last name
- Date of birth

Partial spelling is recommended to determine if there are multiple patient profiles that are not linked/consolidated. If using partial spelling, the first three (3) characters of the first and last name are required at a minimum.

### Patient Request

#### Patient Info

First Name\*

Last Name\*

Partial Spelling

Partial Spelling

Date of Birth\*

MM/DD/YYYY

#### Prescription Fill Dates

No earlier than 3 years from today

From\*

To\*

12/20/2016

12/20/2017

#### Patient Location

Search accuracy can be improved by including the address

Street Address

Zip Code

## *How to Request a Patient's PMP Report*

If multiple states are being requested, you will need to search by a patient's full first name and full last name.

Keep in mind any additional profiles that were provided during a partial name search. You may have to search multiple times if the patient has multiple profiles.

**PMP InterConnect Search**

To search in other states as well as your home state for patient information, select the states you wish to include in your search

<b>A</b>	<input type="checkbox"/> Arizona	<input type="checkbox"/> Arkansas		
<b>C</b>	<input type="checkbox"/> Colorado	<input type="checkbox"/> Connecticut		
<b>I</b>	<input type="checkbox"/> Idaho	<input type="checkbox"/> Illinois	<input type="checkbox"/> Indiana	<input type="checkbox"/> Iowa
<b>K</b>	<input type="checkbox"/> Kansas	<input type="checkbox"/> Kentucky		
<b>L</b>	<input type="checkbox"/> Louisiana			
<b>M</b>	<input type="checkbox"/> Maine	<input type="checkbox"/> Massachusetts	<input type="checkbox"/> Michigan	<input type="checkbox"/> Military Health System
	<input type="checkbox"/> Montana			<input type="checkbox"/> Minnesota
<b>N</b>	<input type="checkbox"/> Nevada	<input type="checkbox"/> North Carolina	<input type="checkbox"/> North Dakota	
<b>O</b>	<input type="checkbox"/> Ohio	<input type="checkbox"/> Oklahoma		
<b>P</b>	<input type="checkbox"/> Puerto Rico			
<b>S</b>	<input type="checkbox"/> South Carolina	<input type="checkbox"/> South Dakota		
<b>T</b>	<input type="checkbox"/> Texas			
<b>U</b>	<input type="checkbox"/> Utah			
<b>V</b>	<input type="checkbox"/> Virginia			
<b>W</b>	<input type="checkbox"/> West Virginia	<input type="checkbox"/> Wisconsin		

I agree to the terms of the acknowledgement.

Search

## *Practitioner Evaluation of a Patient's PMP Report*

---

- Multiple provider and pharmacy encounters
- Prescriptions obtained from nonlocal providers and/or pharmacies
- High doses of opioids
- Early refill requests
- Opioids in combination with other sedating substances (e.g. benzodiazepines)
- Cash payments when insurance is available

## *MyRx – Practitioner Self Lookup Tool*

---

- MyRx gives users that have a DEA number associated with their account the ability to run a self-report to see what prescriptions have been filled under their prescribing credentials.
- This is a tool for prescribers to help identify potential fraudulent use of their name and DEA number, which could help curb forgeries and diversion.
- If a practitioner does not recognize a prescription, the prescriber should contact the dispensing pharmacy first to determine if the prescription was processed correctly. Any confirmed fraudulent activity shall be reported to the NM Board of Pharmacy.

PRESCRIPTION MONITORING PROGRAM

NEW MEXICO BOARD OF PHARMACY

*MyRx – Practitioner Self Lookup Tool*

---

Click *Menu*, then click *MyRx* to view your dispensing history.

The screenshot shows a dark-themed navigation menu. At the top left, there is a 'Menu' button with a hamburger icon. The menu is organized into several columns:

- Home**: Dashboard, PMP Announcements
- Data**: Rx Management
- RxSearch**: Patient Request, Bulk Patient Search, Requests History, Requests Processing, **MyRx** (highlighted with a red box), Patient Alerts
- User Profile**: My Profile, Default PMPi States, Delegate Management, Password Reset, Log Out
- Training**: Aware User Guide, Help

Below these columns is a section titled **PDMP Links** with the following items:

- NM Board of Psych...
- NM Board of Denta...
- New Mexico Board ...
- Making a Request ...
- More Links...

## *MyRx – Practitioner Self Lookup Tool*

---

Enter a date range, then click *Search*.

If you have multiple DEA numbers, these will need to be added to your PMP account. Otherwise, you will not get a full report.

The screenshot shows the 'My Rx' interface with two tabs: 'MyRx Request' (active) and 'MyRx History'. The main form area is titled 'My Rx' and includes a legend '\* Indicates Required Field'. The 'Prescriptions Written' section contains two date input fields labeled 'From\*' and 'To\*', both with a placeholder 'MM/DD/YYYY'. Below this is a 'DEA Numbers' section with a text input field. The 'Generic Drug Name (Optional)' section has a 'Drug Name' label and a text input field. A purple 'Search' button is located at the bottom of the form.

## *Fraudulent Activity*

---

Verify fraudulent activity first. Examples include:

- Suspicious activity on PMP needs to be confirmed with the dispensing pharmacy
- Stolen prescription pads

If confirmed, contact the NM Board of Pharmacy.

- Inspector On Call (Diversion Pager)      505-469-5641
- Albuquerque Office                              505-222-9830

## *Electronic Prescribing of Controlled Substances (EPCS)*

---

Beginning January 1, 2021 the SUPPORT Act, a federal requirement, will require that any controlled substance prescription, to be reimbursed under Medicare Part D, be electronically prescribed.

The Electronic Prescribing of Controlled Substances (EPCS) is legal in New Mexico. EPCS helps address prescription abuse and diversion by reducing forgeries, avoids medication transcribing errors, enables after hours ordering and improves the patient experience.

Visit [www.getepcs.com](http://www.getepcs.com) to learn more.

## *SB 221*

---

In an effort to address the opioid overdose epidemic and reduce the opioid overdose death rate, Senate Bill 221 was passed, adding new language to the Pain Relief Act.

A **health care provider** is defined as “a person who is licensed or otherwise authorized by law to provide health care in the ordinary course of business or practice of the person’s profession and **who has prescriptive authority within the limits of the person’s license.**”

## *SB 221*

---

This law will require **health care providers** who prescribe, distribute, or dispense a prescription opioid:

- **To a patient for the first time** – advise the patient on the risks of overdose and inform the availability of an opioid antagonist (i.e. naloxone).
- **To a patient previously on opioids** – advise the patient on the risks of overdose and inform the availability of an opioid antagonist (i.e. naloxone) on the first occasion of each calendar year.

*SB 221*

---

This law will also require **health care providers** who prescribe an opioid to:

- co-prescribe an opioid antagonist (i.e. naloxone) to the patient, if the prescription for the opioid is at least a five-day supply; and,
- provide written information about the opioid antagonist, how to administer the opioid antagonist, and that 911 should be called immediately after administration.

*Question 1*

---

Prescription opioids are solely responsible for overdose deaths in New Mexico.

- A. True
- B. False

*Question 2*

---

Non-controlled substance prescription drugs (e.g. naloxone, gabapentin) are reported to the PMP.

- A. True
- B. False

*Question 3*

---

Which of the following agencies enforce PMP utilization?

- A. DEA
- B. NM BOP PMP Director
- C. Prescribing Healthcare Licensing Boards (e.g. Medical Board, Board of Nursing, etc.)
- D. A and C
- E. All of the above

*Question 4*

---

What can prescribers and dispensers evaluate on a patient's PMP report?

- A. Multiple provider and pharmacy encounters
- B. Early refills and high doses
- C. Drug combinations
- D. Cash payments when insurance is available
- E. All of the above

*Question 5*

---

You reviewed your MyRx report and you identified a prescription that you don't typically prescribe. You confirmed with the dispensing pharmacist that it is a fraudulent prescription. Who should you call?

- A. The patient
- B. Local pharmacies
- C. DEA
- D. NM BOP PMP Director
- E. NM BOP State Drug Inspector

*Useful Links*

---

NM Board of Pharmacy <http://www.rld.state.nm.us/boards/Pharmacy.aspx>

PMP Registration and FAQs <http://www.nmpmp.org/>

PMP AWARe <https://newmexico.pmpaware.net/login>

Support

Technical Customer Service (24/7/365) 1-844-366-4767

Local Non-Technical (M-F 8a-5p) 505-222-9847

NM BOP PMP Support [nm.pmp@state.nm.us](mailto:nm.pmp@state.nm.us)