

## **Practitioner Diversion Awareness Conference**

Methods of Diversion and Effective Controls Luis Carrion, Unit Chief







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## **Course Objectives**

• Laws and Regulations - Review the responsibilities and regulations that apply to practitioners.

• Practitioner Methods of Diversion - Identify and discuss the schemes used to acquire controlled substances.



## **Course Objectives**

- Staff Methods of Diversion Identify and discuss the schemes used to acquire controlled substances.
- Patient Methods of Diversion Identify and discuss the schemes used to acquire controlled substances.
- Effective Controls List safeguards that a practitioner can use to protect his/her medical practice.





# Laws and Regulations Related To Practitioners



## **Closed System of Distribution**

#### Cyclic Investigations

#### **Record Keeping Requirements**

#### Established Schedules

Registration

**Established** 

Quotas

#### Security Requirements

ARCOS

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### Practitioner

• As a practitioner, your role in the proper prescribing, administering, and dispensing of controlled substances is critical to patients' health and to safeguard society against the diversion of controlled substances.

• The DEA is committed to working jointly with the medical community to ensure that legitimate controlled substances are not being diverted for illegal use.



## **Regulations Applicable to Practitioners**

• All applicants and registrants shall provide effective controls and procedures to guard against theft and diversion of controlled substances.

<u>21 CFR §1301.71(a).</u>

 The responsibility for the proper prescribing and dispensing of controlled substances is upon the prescribing practitioner.
 <u>21 CFR §1306.04(a).</u>



## **Regulations Applicable to Practitioners**

 Prescription for a controlled substance must be issued for a legitimate medical purpose by an individual practitioner acting in the usual course of professional practice but a corresponding responsibility rests with the pharmacist who fills the prescription.
 21 CFR 1306.04(a).



## **Regulations Applicable to Practitioners**

 Just because a prescription is presented by a patient or demanded to be filled for a patient by a doctor's office or a doctor, a pharmacist is NOT obligated to fill the prescription!



## **Good Practices**

- Complete medical history
- Medical examinations
- Appropriate tests
- Diagnosis
- Treatment plan
- Appropriate follow-up







# Methods Of Diversion By Practitioners



## **Motivations for Diversion**

- Money Financial Gain
- Fear
- Stop Blackmail
- Sexual Favors



- Keep Business Going/Co-dependency
- Addiction Supply Family Members
- Personal Use Self Abuse



## **Practitioners Who Divert:**

- Take inadequate medical histories
- Conduct inadequate medical examinations
- Take inadequate tests
- Provide no treatment
- Keep incomplete or no records
- Don't like to use insurance prefer cash



## **Practitioners Who Divert**

- Provide controlled substances:
  - **§** Not generally recognized as a treatment
  - **§** In doses not individualized to Weight, Age, Sex, Height or Condition
  - **§** In quantities well beyond what is recommended or allowed



# Methods of Diversion

(Practitioner Involvement)

S Doctor prescribes drugs for deceased patients

**§** Doctor uses inventory for personal use

Solution Described
Solution Soluti Solution Solution Solution Sol



## Overprescribing



\*Doctor prescribes/dispenses a large amount of CS that will go unused.



\*Indiscriminate prescribing will attract drug seekers who are looking for a source of supply to feed their addiction or continue their illegal business.

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# Methods of Diversion By Staff/Employees



### Methods of Diversion (Employee/Staff Involvement)

- Steals prescriptions from the doctor
- Steals and adjusts doctor's inventory
- Calls in fake prescriptions
- Falsifies verifications when pharmacist calls the doctor's office
- Pretends to dispose of drugs

• Replaces medication with placebo





### Methods of Diversion (Employee/Staff Involvement)

- Takes advantage of older/busy doctors
- Uses the DEA number of a retired doctor
- Orders inventory without doctor's knowledge
- Sets up break-ins, burglaries or armed robberies
- Forges paper prescriptions





# Methods Of Diversion By Patients



- Patients who want appointments towards the end of office hours or arrives after regular business hours
- Patients who demand immediate attention
- Patients who are not interested in an examination or undergoing diagnostic tests
- Patients who are unwilling to give permission to obtain past medical records



i.e. Patient visits several doctors to obtain multiple prescriptions

**\***To protect your practice from this problem: use PDMP regularly



## **Possible Signs of Drug Seekers**

- Fictitious Records
- Carry own records
- Wounds inflicted to self, family members, and pets
- Request specific medication due to allergies
- Vacationing in area, no local address
- Request pain meds for a pet



### **Patient:**

- Recites textbook symptoms
- Gives very vague medical history
- Claims they failed to pack medication, lost it, or that it was stolen
- Claims that hospital or clinic, with past medical records, is out of business or burned down



#### **Patient:**

- Deceives doctors or seeks alternate doctors while normal doctor is out of the office
- Exaggerates medical condition
- Solicits Medicaid recipients to use Medicaid cards as payment method
- Targets a lax doctor



- Takes half and sells rest of their medication
- Offers to buy other patient's pills
- Looks for employment or volunteers at locations where drugs or prescriptions are exposed
- Alters prescriptions







#### **Cost effective controls:**

- **§** Follow policies and procedures don't be lax
- **§** Don't share passwords
- **§** Verify destructions
- **§** Question and report suspicious activities/transactions
- **§** Limit access to drug inventory
- **§** Train and update staff



- Be vigilant of staff members
- Use PDMP regularly
- Conduct backgrounds of employees (FELONY)
- Audits discover discrepancies, losses or thefts in the inventory (2 persons)
- Keep complete and accurate records
- Security store CS in a securely locked, substantially constructed cabinet <u>21 CFR § 1301.75</u>



- Prescriber personally verifies the prescription orders with pharmacist
- Electronic prescriptions (EPCS) reduces the # of forged/altered/fraudulent scripts
- Never sign prescription blanks in advance
- Request DEA to terminate your DEA # so that no one can use it illegally



- Contractual agreements: Doctor/Patient
- If stolen, request that DEA terminate your DEA # so that no one can use it illegally
- Drug testing at hiring
- Random drug testing
- Safeguard prescriptions



## **Contacts for Reporting Drug Diversion**

- DEA local office and Tactical Diversion Squad
- Local Police, County, State
- State Board of Pharmacy, Medicine, Nursing, Dental
- Health Department
- HHS OIG if Medicare, Medicaid fraud



## **Course Review**

- Reviewed the responsibilities and regulations that apply to practitioners.
- Identified and discussed the methods used to divert controlled substances.
- Listed the safeguards used to protect a practitioner's medical practice.



## Thank-you for your time and attention !



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