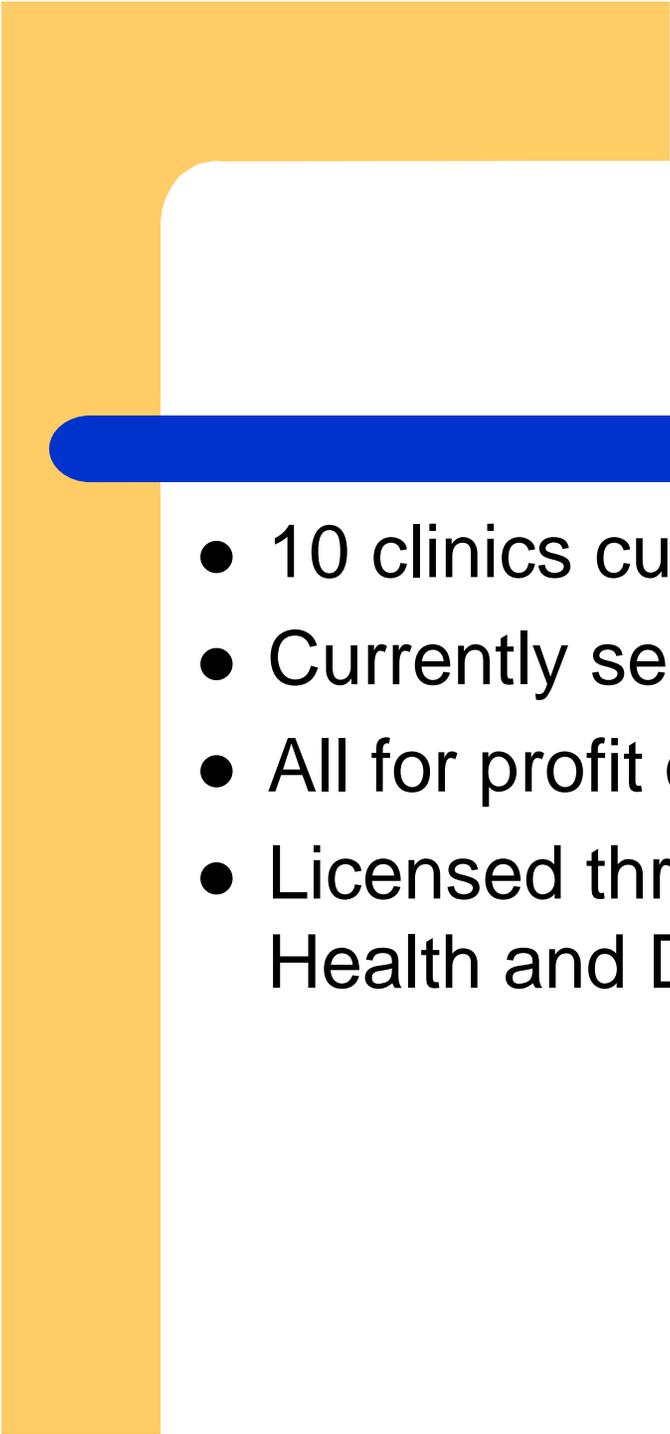




Methadone Awareness

Allison Harvey, Pharm.D.
State Opioid Treatment
Authority



Overview



- 10 clinics currently in Tennessee
- Currently serving about 7000 patients
- All for profit operations
- Licensed through the Department of Mental Health and Developmental Disabilities

Central Registry

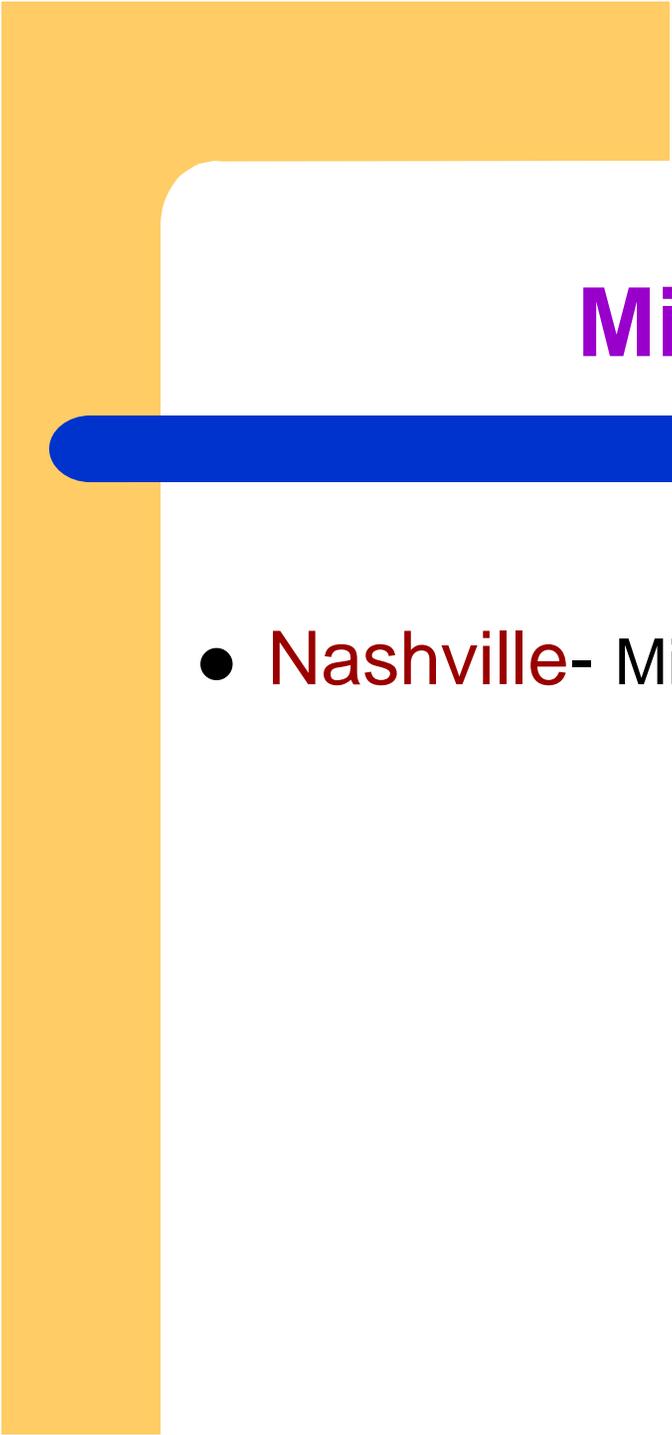
- Lies in the Department of Mental Health and Developmental Disabilities
- Responsible for tracking dual enrollees, admits and discharges, and exception requests
- Monitor program requirements

Program Requirements

- Must meet specific counseling requirements
- UDS
- Treatment plans
- Physicals
- Labs
- Personnel

West Tennessee

- **Savannah**- Solutions of Savannah
- **Dyersburg**- Mid-South Treatment Center
- **Jackson**- Jackson Professional Associates
- **Memphis (3)**
 - Memphis Center for Research and Addiction Treatment
 - American Drug Care
 - Raleigh Professional Associates



Middle Tennessee



- **Nashville**- Middle Tennessee Treatment Center

East Tennessee

- **Chattanooga**- Volunteer Treatment Center
- **Knoxville (2)**
 - DRD Bernard
 - DRD Central

How it works...

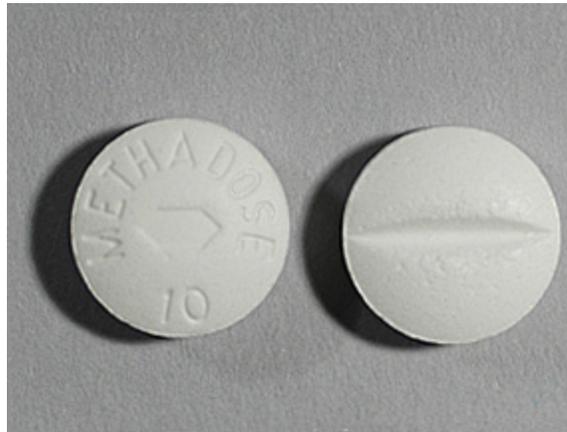
- Patient enrolls in the clinic
- Patient doses at the clinic based on time in treatment and compliance with the program
- Patient gets medication plus counseling required by State rules
- All out of pocket expense (\$70-\$90 per week)

Medication

- Methadone
 - syrup
 - wafer
- Suboxone



Medication

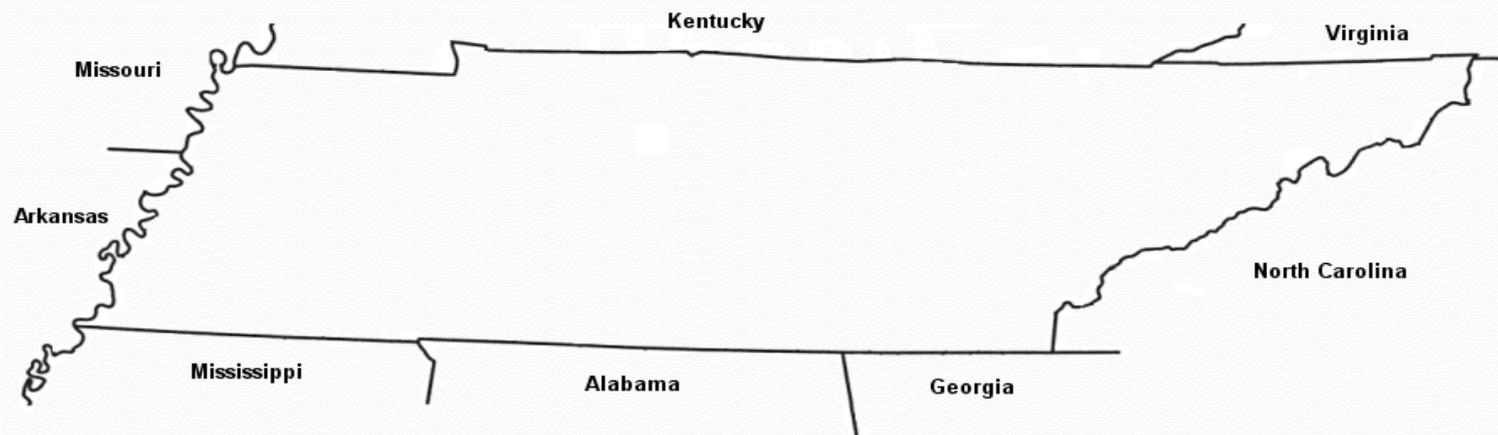


Take home allowances

- Number of take homes based on time in treatment
- May receive up to 28 take homes at one time
- Must be secured in a locked box

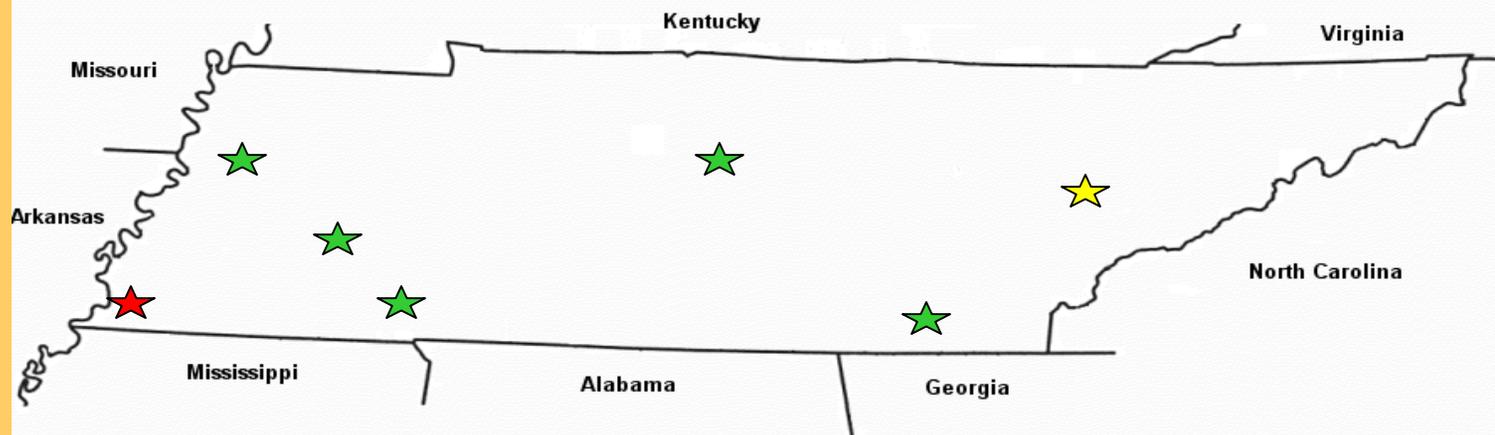


Border States



Tennessee - The Volunteer State

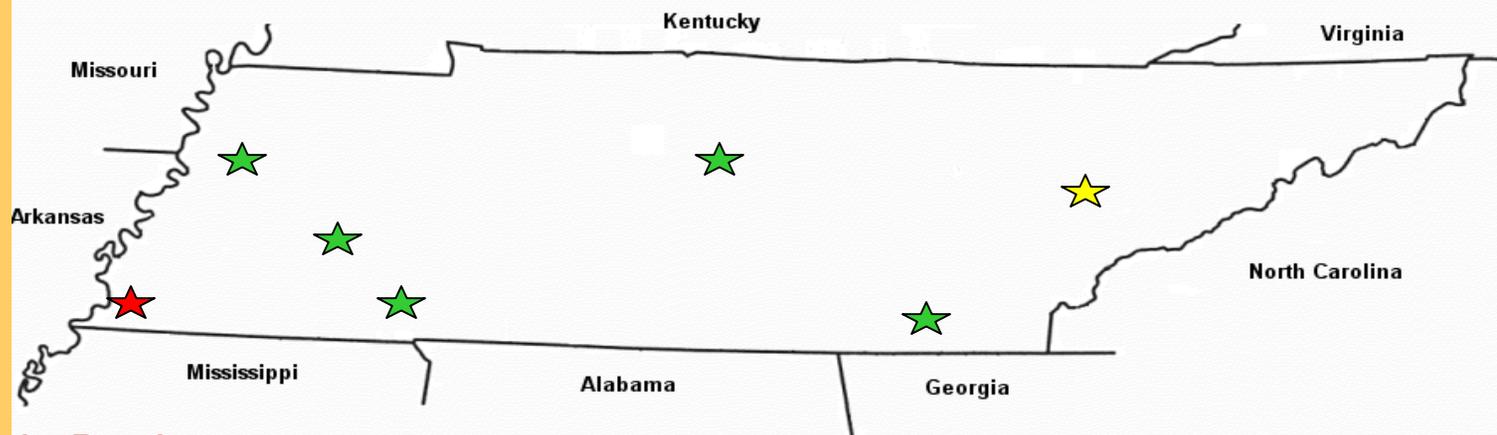
Missouri



Closest clinic in Missouri is Springfield.

(5 hours from Dyersburg)

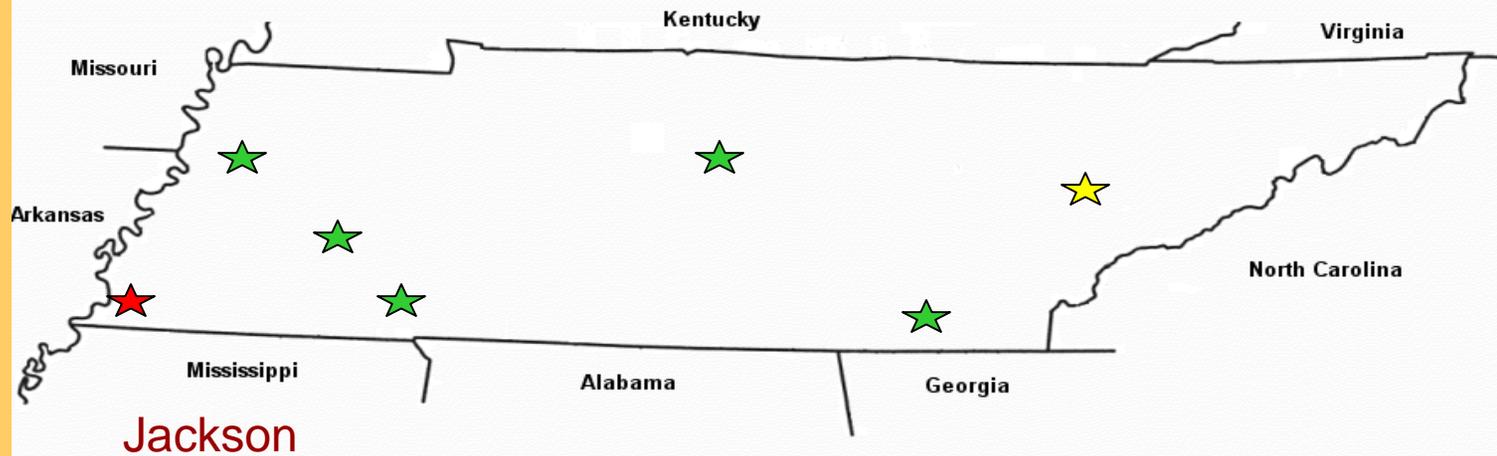
Arkansas



Little Rock

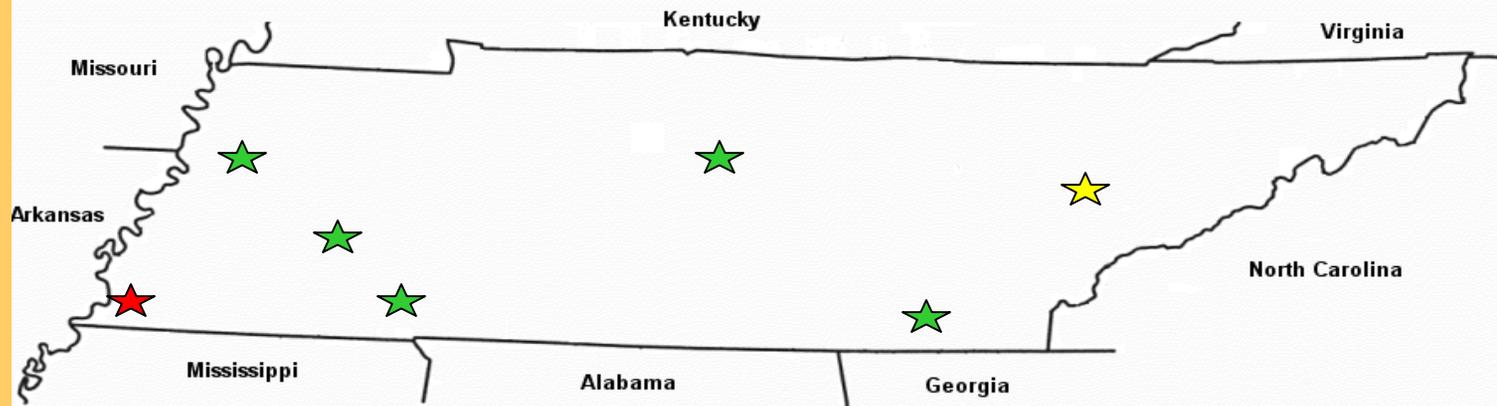
2 hours from
Memphis

Mississippi



Jackson
3 hours from
Memphis

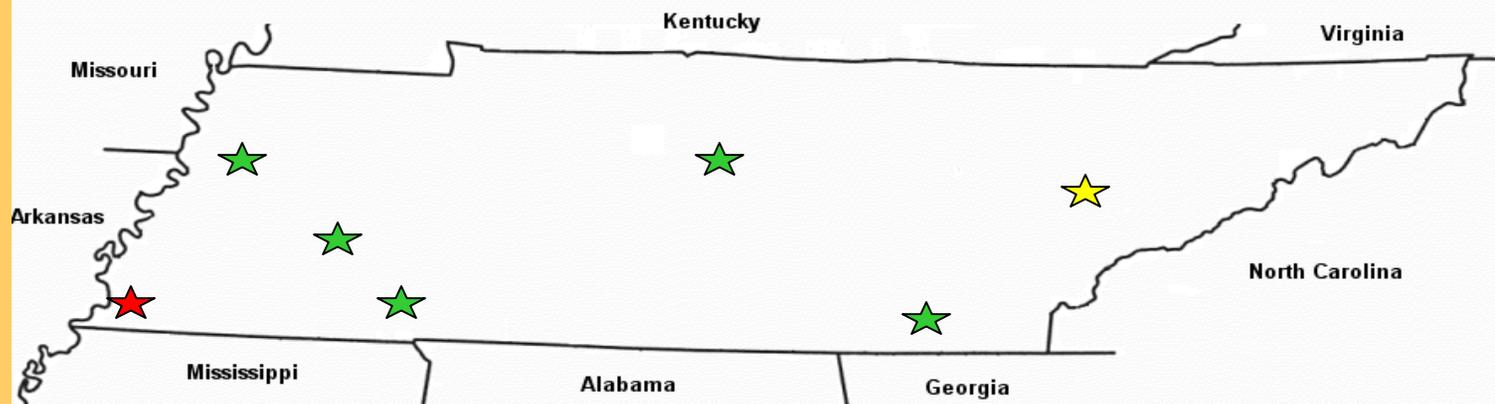
Alabama



Muscle Shoals
1 hour to Savannah

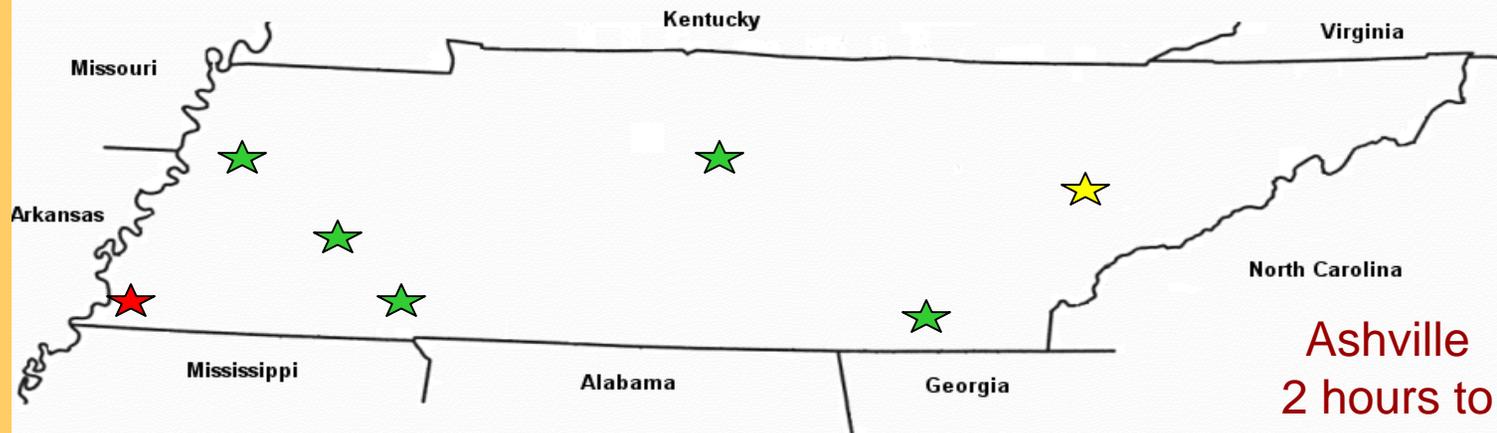
Huntsville
2 hours to Chattanooga

Georgia



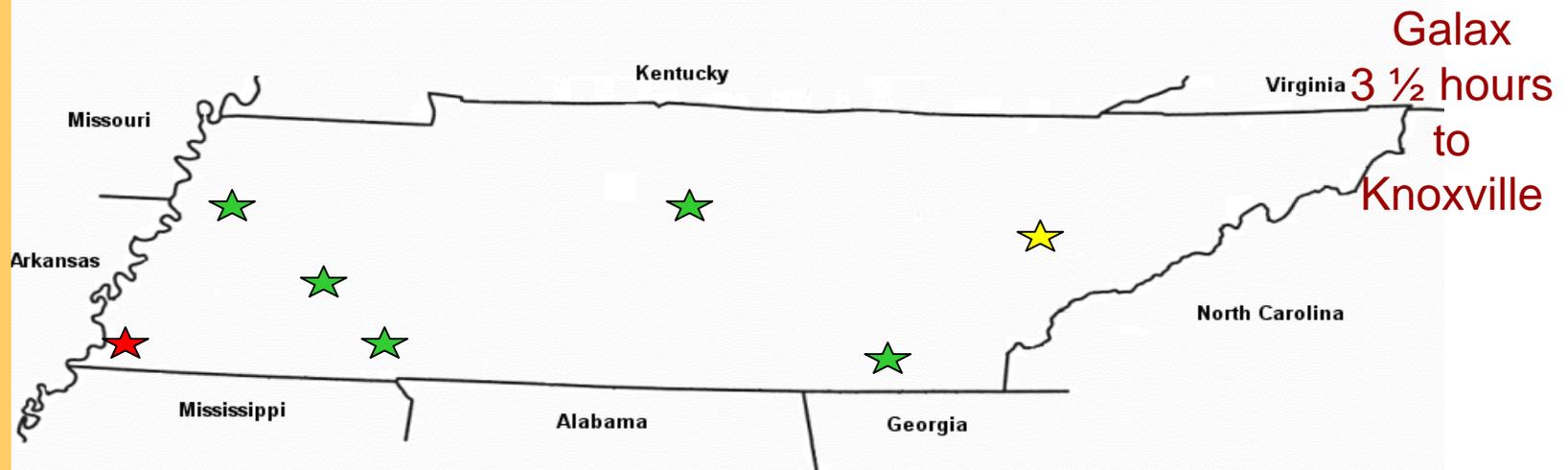
Rossville
11 minutes
from
Chattanooga

North Carolina



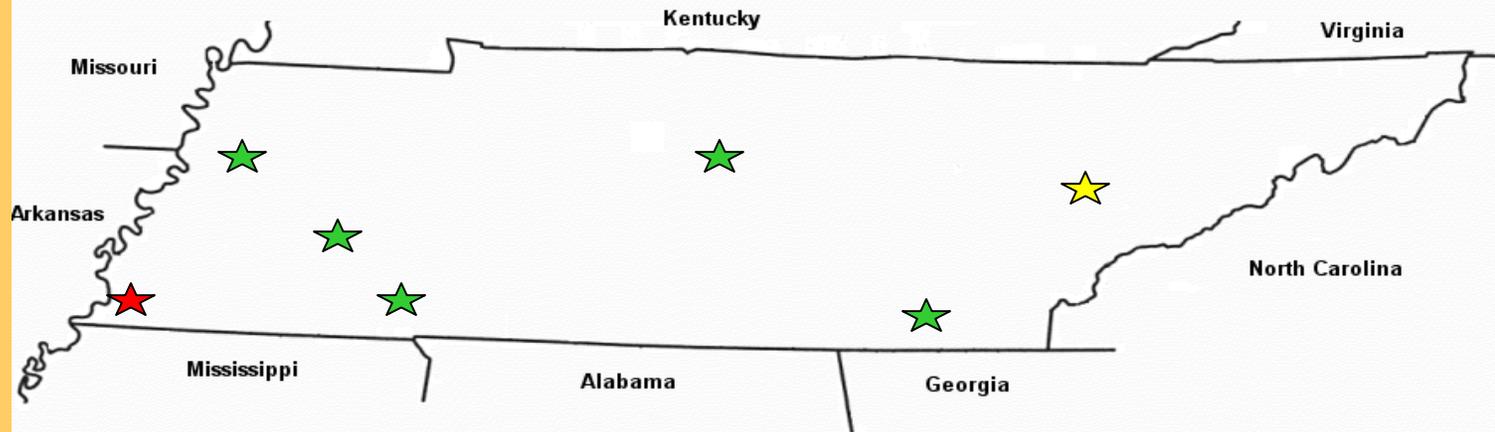
Ashville
2 hours to
Knoxville

Virginia



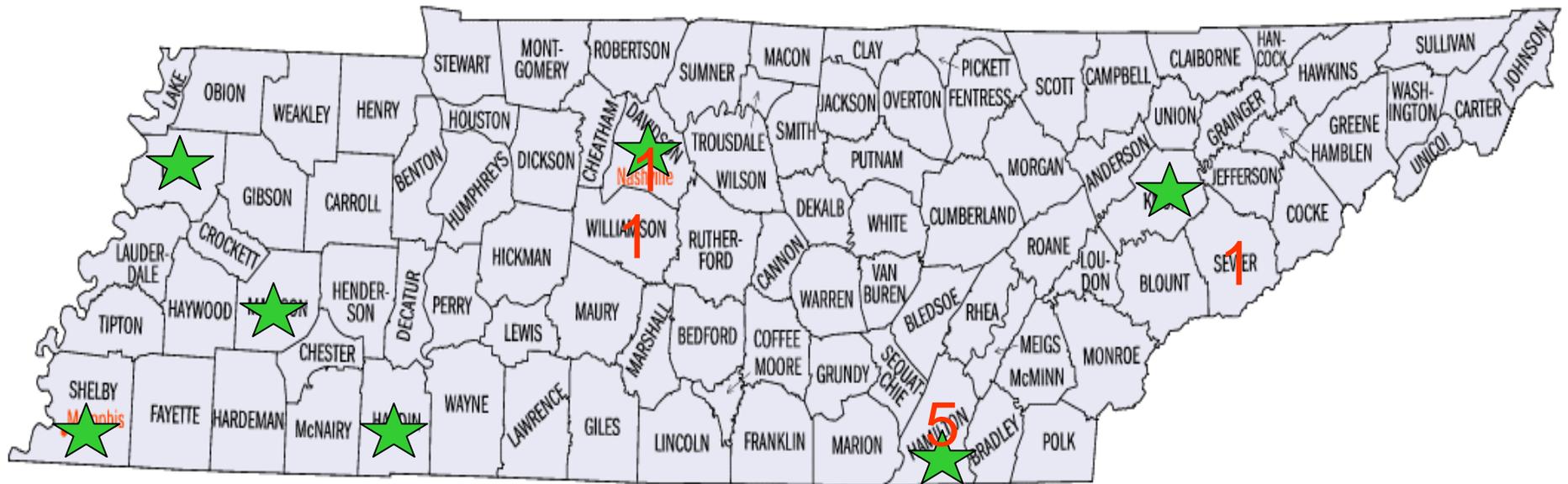
Kentucky

Bowling Green
1 hour to Nashville



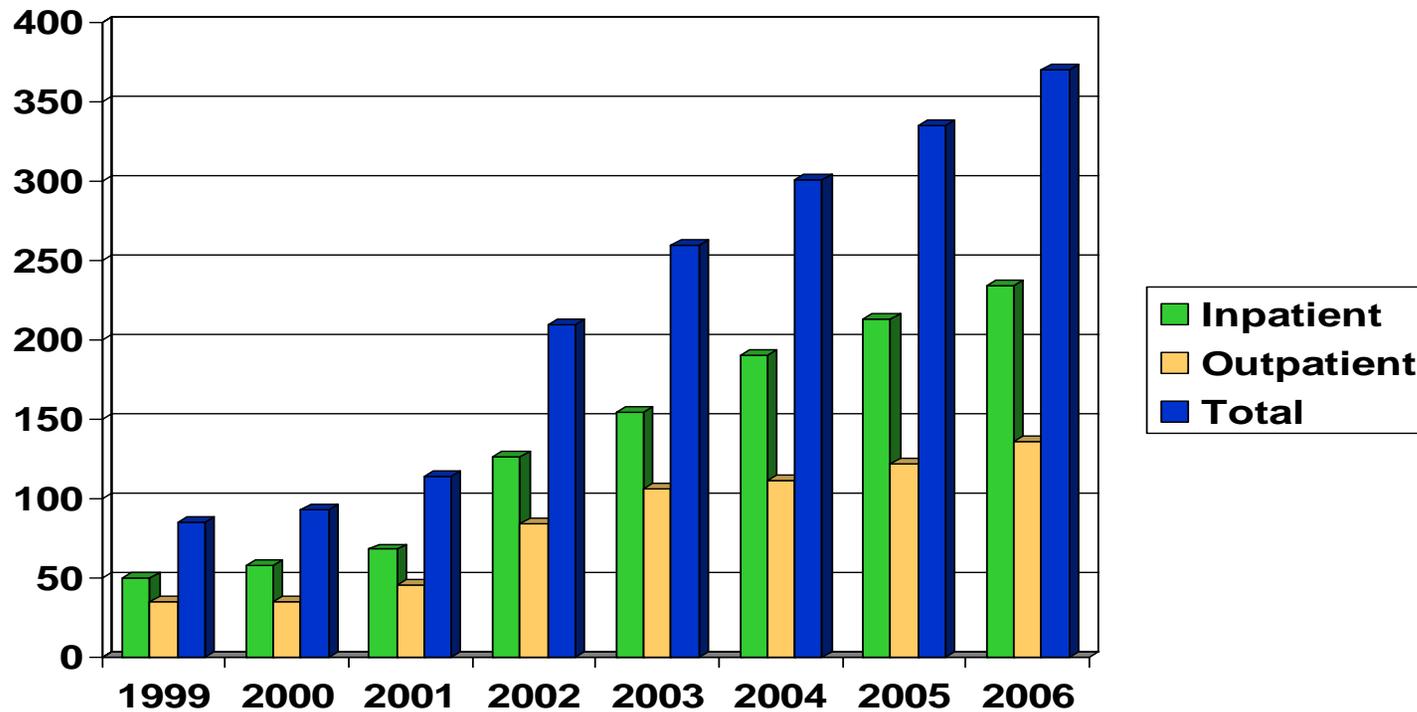
Number of Accidental Drug Poisonings with Methadone Mentioned on Death Certificate 1999-2007

8 in 1999



Source: Division of Health Statistics, TN Dept. of Health

Number of Hospital Discharges With an E-Code Indicating Poisoning With Methadone Mentioned Tennessee Hospitals Only, 1999-2006



Source: Division of Health Statistics, TN Dept. of Health

Diversion Control

- Random call backs every 90 days for patients who have >5 take homes
- Urine drug screens
- Dual enrollees
- Prescription Monitoring Program
 - clinics do **NOT** have to report to database

Call Back Procedures

- Random call backs every 90 days
- Must have greater than 5 or more take homes
- All doses must be present without evidence of tampering

Urine Drug Screens

- Required at least monthly

Amphetamines

Opiates

THC

Benzodiazepines

Methadone

Alcohol

Metabolite

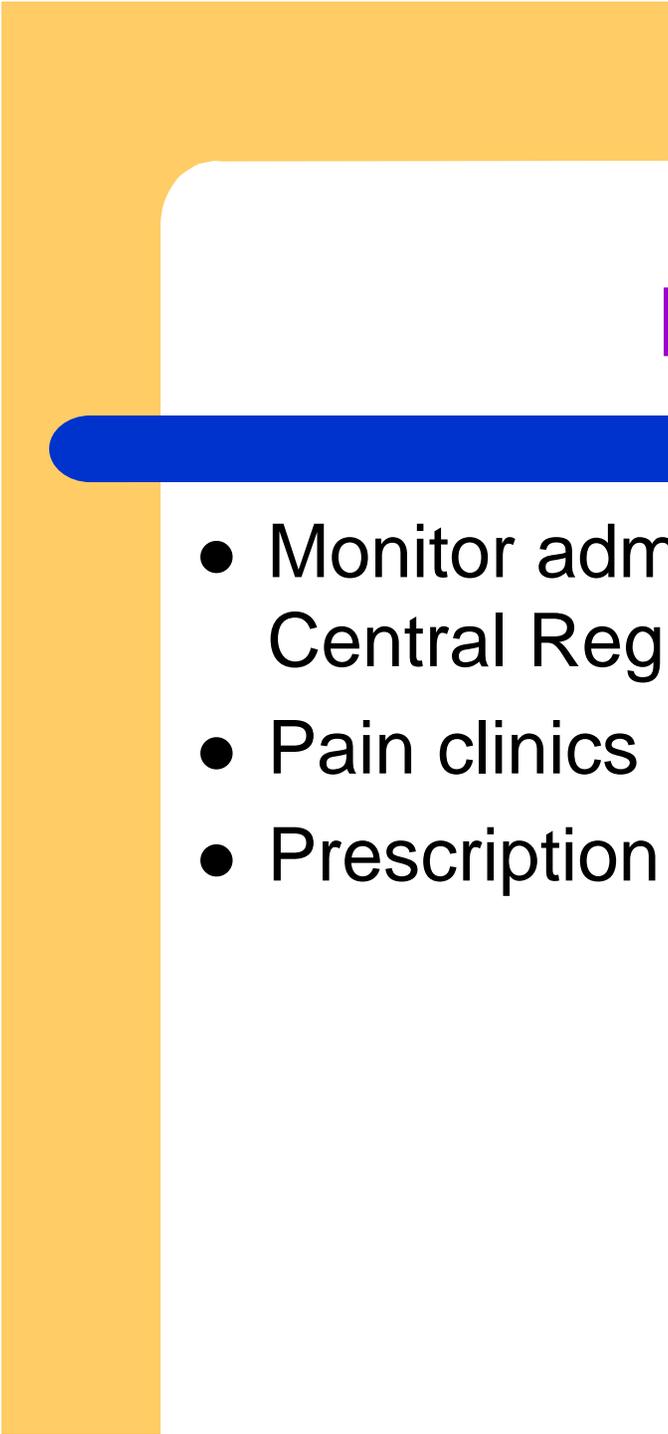
Cocaine

Barbiturates

PCP

Oxycodone

Soma



Dual Enrollees

- Monitor admissions and discharges in the Central Registry
- Pain clinics
- Prescription Monitoring Program

Diversion

- Knoxville case: Patient had been enrolled in clinic on 160mg since 2004 and was getting 28 take homes a month. At last call back, the clinic accessed the PMP. The patient was also getting 160mg from a pain clinic in Arizona. He had been enrolled in the pain clinic since 2003. Fortunately for us, he filled his most recent prescription in Tennessee.

Diversion

- Knoxville case:
 - the patient never failed a call back
 - all urine drug screens licit
 - completely compliant with program

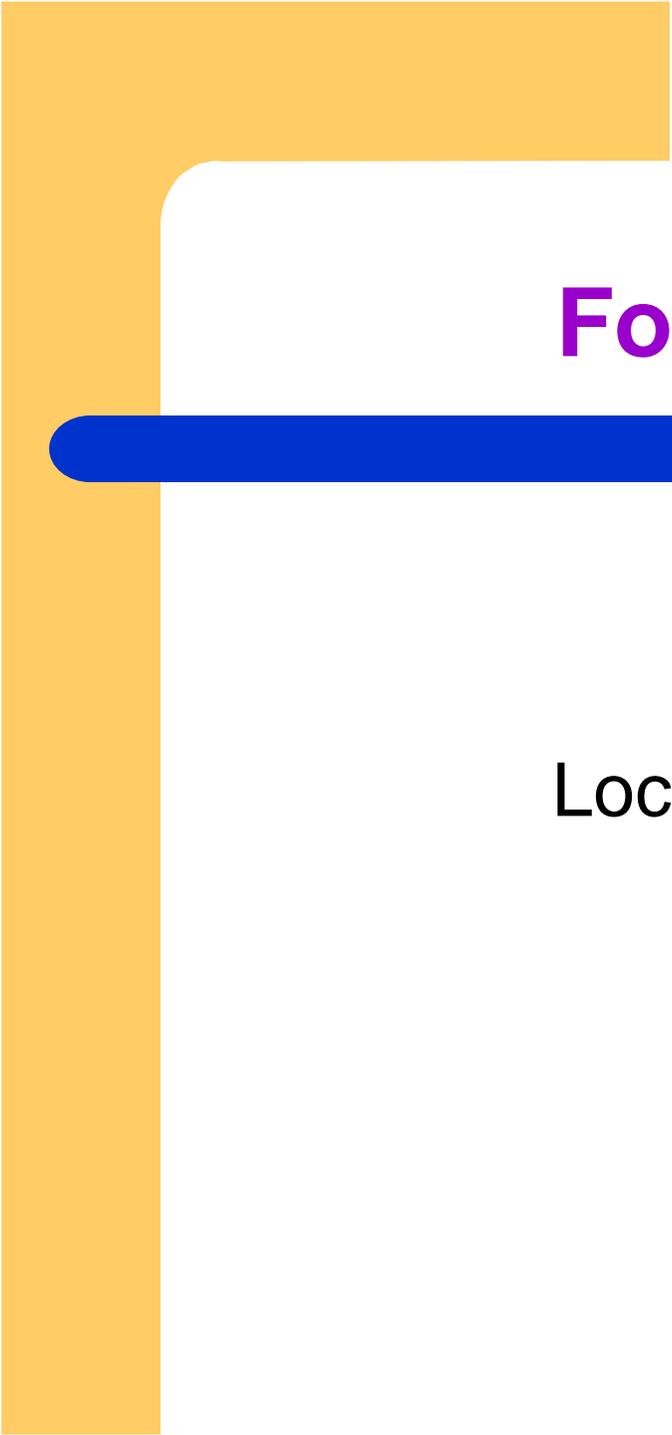
Key points

- 40mg wafer can only be dispensed from a licensed methadone clinic
- Take home doses should be kept in a locked box

Food for thought...

- Now that the 40mg wafer is no longer available to retail pharmacies, the number of methadone tablets per prescription has quadrupled...





Food for thought...



Located **0.62 miles** from a
methadone clinic.