

# OPIOID PRESCRIPTION DRUG ABUSE SEMINAR

January 19, 2019  
Holiday Inn Beaumont Plaza  
Beaumont, Texas



This seminar is designed to raise awareness of the current nationwide opioid epidemic with primary care physicians treating patients with chronic pain and nurses managing care of patients with chronic pain. Topics will include the current state of opioid prescribing in United States and Texas; guidelines for prescribing opioids; and an overview of DEA requirements regarding the handling of controlled substances pursuant to Federal regulations.

## GAP ANALYSIS

There is an epidemic in the United States that involves opioid prescriptions. The opioid overdose epidemic is one of our Nation's most pervasive drug issues. In cities and towns all across this country, approximately 2 million Americans have a substance abuse disorder involving prescription pain relievers or heroin. We have seen data that supports that this is a crisis that is worsening. Since 2008, drug overdoses have increasingly been the leading cause of accidental death in the United States, annually eclipsing fatalities from motor vehicle accidents. There were 72,000 drug related deaths in 2017, or approximately 197 per day. This problem can be attributed to many things, there are some publications that suggest that the overprescribing of prescription opioids and the failure to properly monitor patients seeking treatment have contributed to this epidemic.

## GENERAL OBJECTIVES

- Discuss and gain additional insight of the nationwide problem involving opioid prescriptions
- Discuss an outlook on prescription opioids in Texas
- Discuss the Texas rules and regulations for treating chronic pain
- Discuss the regulatory responsibilities required by the Drug Enforcement Administration
- Describe the complex iatrogenic, cultural and economic factors leading to this epidemic of opioid pain reliever addiction and opioid related overdose deaths and how it is presently evolving into a heroin epidemic
- Discuss enacting health care provider and community based public health strategies

## INTENDED AUDIENCE

The Conference is designed for Primary Care Physicians, Family Practice, Internal Medicine, Pediatricians, Obstetricians, Gynecologists, Neurologists, Oncologists, Endocrinologists, Psychiatrists, Intensivists, Cardiologists, Emergency Medicine Pulmonologists and Surgeons. This Conference is also designed for Nurses and Advanced Practice Nurses. This content is also appropriate for Advance Nurse Practitioners, Physician Assistants and Nurses that provide direct patient care.

## ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of DHR Health and The Drug Enforcement Administration. DHR Health is accredited by TMA to provide continuing medical education for physicians. DHR Health designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## ACCREDITATION STATEMENT cont.

DHR Health is an approved provider of continuing nursing education by the Texas Nurses Association - Approver, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation. This CNE activity is being jointly provided by DHR Health collaboratively with Drug Enforcement Agency (DEA).

### AGENDA/January 19, 2019

8:00 a.m. – 8:30 a.m.

#### Opening Remarks

8:30 a.m. – 9:00 a.m.

#### Opioid Misuse in Texas

J. Douglas Thornton, Ph.D., Pharm.D., BCPS  
University of Houston  
Assistant Professor of Pharmaceutical Health  
Outcomes and Policy

9:00 a.m. - 9:45 a.m.

#### Texas Rules and Regulation When Treating Chronic Pain

Amy Swanholm, JD  
Assistant General Counsel  
Texas Medical Board

9:45 a.m.-10:30 a.m.

#### Identifying Red Flags

Mike Mills  
Diversion Supervisor  
DEA

10:30 a.m. – 10:45 a.m.

#### Break

10:45 p.m. – 11:30 a.m.

#### Texas Prescription Monitoring

Linda Yazdanshenas  
Prescription Monitoring Program Research Analyst  
Texas State Board of Pharmacy

11:30 a.m. – 12:15 p.m.

#### The Best Prescribing Practices for Opioids

Jennifer Sharpe Potter, PhD, MPH  
Vice Dean for Research &  
Professor of Psychiatry

12:15 p.m. – 12:30 p.m.

#### Break

12:30 p.m. – 1:30 p.m.

#### Panel Discussion: Bringing It All Together

#### Closing Remarks

