Introduction:
Lyseric acid diethylamide (LSD), commonly referred to as "acid", is a synthetic hallucinogen. LSD is very potent, only microgram amounts are required to produce overt hallucinations. LSD has been abused since the 1960s. LSD's availability has declined significantly since 2001.

Licit Uses:
There is no legitimate medical use for LSD in the United States.

Chemistry and Pharmacology:
LSD’s physiological effects are mediated primarily through the serotonergic neuronal system.

LSD induces a heightened awareness of sensory input that is accompanied by an enhanced sense of clarity but reduced ability to control what is experienced. The LSD trip is made up of perceptual and psychic effects. A user may experience the following perceptual effects: visual distortion in the size and shape of objects, movements, color, sound, touch and the user’s own body image. The user may report “hearing colors” or “seeing sounds.” The psychic effects experienced by the user may include feelings of obtaining true insight, intensified emotions, sudden and dramatic mood swings, impairment of attention, concentration and motivation, distortion of time, and depersonalization.

The adverse effects reported with LSD use are dependent on the dose taken by the users. Some of the adverse effects reported are dilated pupils, raised body temperature, increased heart rate and blood pressure, profuse sweating, loss of appetite, sleeplessness, dry mouth and tremors.

High doses of LSD can induce a "bad trip" characterized by intense anxiety or panic, confusion, and combative behaviors. After a LSD trip, a user may also experience fatigue, acute anxiety, or depression for 12 to 24 hours.

Illicit Uses:
LSD is abused for its hallucinogenic effects. LSD is sold in a variety of forms, tablets, capsules, and liquid. The average effective oral dose is from 20 to 80 micrograms. Following ingestion, effects occur within 30 to 60 minutes and last 10 to 12 hours.

The 2018 Monitoring the Future (MTF) Study indicated that the annual prevalence of LSD use among students in 8th, 10th, and 12th grades was 0.9%, 2.0%, and 3.2%, respectively. According to the American Association of Poison Control Centers, 1,018 case mentions, 594 single exposures, and 29 major medical outcomes and one death related to LSD were reported to the National Poison Data System in 2017. The 2018 National Survey on Drug Use and Health (NSDUH) indicated that 27.0 million people in the U.S. population, aged 12 and older, used LSD in their lifetime; with 2.3 million indicating past year use. The Drug Abuse Warning Network (DAWN ED) reports that an estimated 4,819 emergency department visits were associated with LSD in 2011.

User Population:
LSD is abused by teenagers and young adults in connection with “raves,” nightclubs, and concert settings.

Illicit Distribution:
According to the DEA, the number of LSD items seized decreased dramatically in 2002 due to the seizure of a large LSD lab in Kansas City in 2000. With the arrest of clandestine chemists and with the dismantling of their laboratory, the availability of LSD in the U.S. was reduced by 95% within 2 years. In subsequent years, seizures of LSD increased, and most recently, seizures have once again decreased.

According to the National Forensic Laboratory Information System (NFLIS), reporting from federal, state, and local forensic laboratories have increased since 2011 (1,177 LSD reports), after a brief low reporting period in 2013 and 2014 (788 vs. 1,398), to 3,604 LSD reports in 2016 and 4,319 reports in 2017. For 2018, there were 4,036 reports and preliminarily for 2019 there were 1,400 reports so far from forensic laboratories identified as LSD.

LSD is odorless, colorless and tasteless. It is sold in a variety of formulations. Some of the streets names include acid, battery acid, blotter, window pane, microdots, Loony toons, Sunshine, and Zen. Prices range from $2 to $5 per unit or “hit.”

LSD is most commonly found in the form of small squares of paper called blotter; that is generally decorated with artwork or designs, perforated, soaked in liquid LSD solution, and dried. Each square represents one dose of LSD. There have been some instances of blotter paper being found impregnated with hallucinogens other than LSD. The hallucinogens, 2,5-dimethoxyamphetamine (DAM), 4-bromo-2,5-dimethoxyamphetamine (DOB), 4-iodo-2,5-dimethoxyphenetethylamine (2C-I), and 4-ido-2,5-dimethoxyamphetamine (DOI) have been found on blotter paper passed off as LSD.

Other forms of LSD include tablets (known as microdots), gelatin squares (known as window pane), and impregnated sugar cubes. LSD has also been available in gel wraps which look like "bubble-wrap" packing material, and is blue in color. LSD is also distributed in liquid form which often is packaged in small bottles typically sold as breath drops. Additionally, LSD has been embedded in candy such as “Gummy Worms,” “Sweet Tarts,” “Smartie,” and “Pez.” The most common venues for retail LSD distribution are “raves,” dance clubs, and concerts.

Control Status:
Lyseric acid diethylamide acid is controlled in schedule I of the Controlled Substances Act (CSA). Its two precursors, lyseric acid and lyseric acid amide, are both schedule III substances under the CSA. The LSD precursors, ergotamine and ergonovine, are List I chemicals.